

BENCHMARK #7:

CONDUCT EVALUATION, COMMUNICATE, CELEBRATE, AND ITERATE

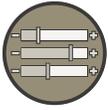
Sample Annual Worksite Wellness Summary

VISION

INSERT WELLNESS VISION BELOW:

MISSION

INSERT WELLNESS MISSION BELOW:



BENCHMARK #7:

CONDUCT EVALUATION, COMMUNICATE, CELEBRATE, AND ITERATE

A. WHAT GOAL DID YOU SET WHEN PLANNING YOUR STRATEGY?

- » Reduce absenteeism
- » Increase physical activity
- » Recruit top talent

B. HOW WE ARE DOING TOWARD THE GOAL FROM THE DATA THAT WE HAVE AVAILABLE?

- » Data collected on current state from benchmark 3 planning stage
 - Interest surveys
 - Data to assess goal
 - Communication

C. EXPLAIN HERE WHAT WAS DONE OR SOLUTIONS CREATED TO ADDRESS THE WELLNESS GOAL.

- » What resources were provided
- » Were any policies changed or created
- » What programs or initiatives were offered

D. STATE HERE WHAT WAS ACHIEVED

- » Outcomes related to goal
 - Participation
 - Attitude changes
 - Health behavior change

E. TELL THE STORY ABOUT WHAT WAS LEARNED

- » Leadership involvement
- » Facility enhancements
- » Recognition

F. COMPLETE THE REPORT WITH COMMENTS REFERENCING FUTURE APPROACHES TO CONSIDER AND WHAT WILL BE DONE NEXT TIME.