



# Hybrid Work Survey

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**1 = Strongly Disagree****2 = Disagree****3 = Neutral—neither agree nor disagree****4 = Agree****5 = Strongly Agree**

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1. I believe I have the adequate balance between work and life.
2. I have the necessary physical and remote tools (computer, chair, VPN, etc) to perform my job.
3. I am happy with number of meetings I have (audio, video, in-person).
4. I feel socially connected to my work-group.
5. I find my organization's return to work/hybrid work policy to be equitable.
6. I find my organization's return to work/hybrid work policy enhances my professional development.
7. I am able to stop working at the end of official office hours.
8. I believe I spend the appropriate amount of time in the office.
9. The current return to work/hybrid work policy provides opportunities for impromptu conversations and bonding with colleagues.
10. I am sufficiently productive while working remotely.
11. I find it easy to take breaks during my workday.
12. I am satisfied with my available energy level at work right now.
13. I am able to set aside the proper amount of time for daily for my own wellness.
14. I have good relationships with my work colleagues.
15. I feel my organization's return to work/hybrid work policy enhances personal wellness.